

The administration has released a list of now approved supplemental benefits to Medicare Advantage plans

**Check out what's new**

# NEW IMPROVEMENTS TO MEDICARE ADVANTAGE

## Adult Day Care Services

Services provided outside the home such as assistance with Activities of Daily Living (ADL) and Instrumental Activities of Daily Living (IADL) are now allowable supplemental benefits. This includes eating, bathing, getting dressed, toileting, transferring and continence. As well as, help with cleaning the house, shopping for groceries, managing money and taking prescribed medication

## Home-Based Palliative Care

Home-based specialized medical care services to diminish the symptoms of terminally ill beneficiaries with a life expectancy of more than 6 months not covered by Medicare such as nursing and social work services.

## In-Home Support Services

In-home support services to assist you with disabilities and/or medical conditions to compensate for physical impairments, improve the functional/psychological impact of injuries or health conditions or reduce hospital visits.

## Support for Caregivers of Enrollees

Respite care for short periods of time such as counseling and training provided through a personal care attendant or short-term institutional-based care to improve injuries or health conditions or reduce hospital visits.

## Medically-Approved Non-Opioid

Medically-approved non-opioid pain treatment alternatives such as therapeutic massage to improve pain, stiffness, and loss of range of motion from an injury or illness.

## Stand-alone Memory Fitness Benefit

A memory fitness benefit may be included as a health education benefit for the prevention, treatment, or improvement of the functional or psychological impact of injuries or health conditions such as memory loss and dementia.

## "Home & Bathroom Safety Devices & Modifications"

The purchase, installation, and inspection of safety devices to prevent injuries in the home and bathroom that are not covered by Medicare may be offered by Medicare Advantage health plans. Allowable modifications include shower stools, grab bars and temporary mobility ramps.

## Transportation

Transportation for physician office visits. Transportation must be arranged by the health plan and may include a health aid to assist.

## Over-the-Counter (OTC) Benefits

Health-related items and medications available without a prescription and not covered by Medicare Parts A, B, or D such as pill cutters, crushers, and bottle openers are permitted. In addition, electronic activity trackers are permitted such as Apple watch and Fitbit .

